

Adult Paddlesport (16yrs+)

Try Paddlesport - Saturdays

An opportunity to try canoeing and kayaking under the supervision of a qualified instructor.

Pre reqs: None

No award

Discover Sit-On-Top Kayak or

Canoe Day (16yrs - Adult)

For those that have recently bought a Sit-On-Top kayak, canoe are about to. An introductory day covering safety, basic skills and lots of paddling! You can bring your own craft if you wish to.

Pre reqs: None

No award

Start Paddlesport - BCU One Star

Foundation skills and basic boat control using a variety of craft on flat water. A great introduction to the sport.

Pre reqs: None

Working towards: BCU One Star



Go Paddling Club - Adults

If you have successfully completed your BCU One Star join our Go Paddling Club for free!

See *Club Zone* page 25 for details

Improve Paddlesport - BCU Two Star

This is an improvement award that helps paddlers develop fundamental paddlesport skills on flat water.

Pre reqs: BCU One Star

Working towards: BCU Two Star

Rolling Clinic (16 yrs+)

A 1:1 session for those that wish to learn how to eskimo roll their kayak.

Pre reqs: BCU Two Star

No Award

